



# Mother's Day Race

## HALF MARATHON - 5MILE - 5K



MAY 9<sup>TH</sup> 2020 - 7:30 AM & 8:00 AM



San Pablo Dam Reservoir - 7301 San Pablo Dam Rd - El Sobrante, CA 94803

Registration Fees	Pre-Registered	At the Door
Half Marathon	\$50.00	\$55.00
5 Mile	\$45.00	\$50.00
5K Run/Walk	\$40.00	\$45.00

- Pre-Registration Post Marked by 5/2/2020
- Sign Up Online at [www.active.com](http://www.active.com) till 6:00 pm 5/7/2020
- Race Day Registration Open 6:30 am - 7:45 am
- Half Marathon starts at 7:30 AM
- 5 Mile and 5K starts at 8:00 AM

**Medals** – Top 3 finishers in each 5 year division

**Finisher Medals** – Everyone

**Special Recognition Plaques:**

Overall 5K	Male and Female	Age 49 & Under
Mid-Century 5K	Male and Female	Age 50 & Over
Overall 5 Mile	Male and Female	Age 49 & Under
Mid-Century 5 Mile	Male and Female	Age 50 & Over
Overall Half	Male and Female	Age 49 & Under
Mid-Century Half	Male and Female	Age 50 & Over

### UPCOMING EVENTS

All at the Orinda - San Pablo Reservoir

09/19/2020 – Fall Showdown Half Marathon/5Miler/5K
10/10/2020 – Du Bears Duathlon/5 Mile Run/Walk
11/07/2020 – Dog Day 2.3 and 4.8 Mile With and Without Dogs
11/26/2020 – Thanksgiving Gobble Wobble 5K/10K Run/Walk
12/05/2020 – Dam Jingle Bell Dash 5K/10K Run/Walk / Kid's Dash

**DIVISIONS:** 5-8, 9-12, 13-15, 16-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85+

### Mother's Day Run 5/09/2020 – RACE ENTRY FORM

Make checks payable to Wolf Pack Events (WPE). Detach and Mail this form to: PO Box 20691, El Sobrante, Ca, 94820

T-Shirt size – Circle One: Youth S M L XL XXL Event – Circle One: 5K 5Miler Half Marathon Fee Paid: \$ \_\_\_\_\_

NAME \_\_\_\_\_ AGE (On Race Day) \_\_\_\_\_ GENDER    M    F

ADDRESS \_\_\_\_\_ PHONE# \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

E-MAIL \_\_\_\_\_ CLUB/TEAM/Affiliation \_\_\_\_\_

Emergency Contact \_\_\_\_\_ Contact Phone \_\_\_\_\_

Participant Signature \_\_\_\_\_ Date \_\_\_\_\_

**Participants Under 18 must have a Parent or Guardian sign this authorization/release form.**

**WAIVER:** This is a legal document, read carefully. I hereby waive and release, indemnify, hold harmless and forever discharge Wolf Pack Events, East Bay Mud, and East Bay Regional Parks District and its agents, employees, officers, volunteers, directors, and organizations affiliated with the race for any and all injuries suffered by me at the race or en-route to and from the race event. I acknowledge that the race courses are on trails and shared by with other park visitors, including; runners, hikers, bikers, and horses. I attest that I am physically fit and sufficiently trained for this competition and a licensed M.D. has verified my physical condition in the last six months. I acknowledge that I have read and understand all of the above. I grant my permission to allow photo and/or other video images of myself to be used for promotional purposes.

**How did you hear about this race?**

Active.com  wolfpackevents.com  The Schedule  Mail  Friend/Family   
Other \_\_\_\_\_

**Further Questions?**

Call Brigitte Hillesheim @ 510-593-0223 or Jerry Beitzel @ 510-323-5991 or Call Wolf @ 510-459-0854

[www.wolfpackevents.com](http://www.wolfpackevents.com)